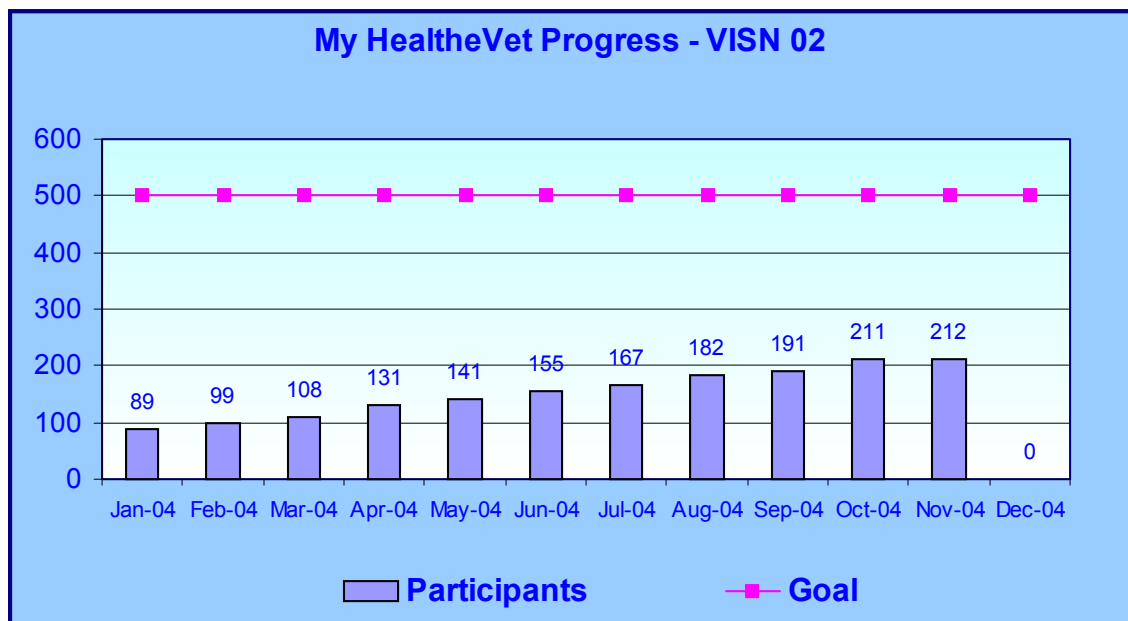


## VISN 2 My HealtheVet Pilot and the National My HealtheVet Phase II November 2004

VISN 2 Office of eHealth



- ❖ VISN 2 continues to enroll patients in the pilot for the My HealtheVet Initiative. The current number of pilot participants is 212. Our goal is to engage 500 participants.
- ❖ In order to operationalize our VISN 2 eHealth program, local teams at each medical center have been identified and are working to support and expand the pilot.
- ❖ Each local team has a liaison to the Network eHealth Council to ensure bi-directional communication.
- ❖ The Bath Team has currently enrolled the greatest number of participants in the pilot, at 74, with Canandaigua supporting 50.

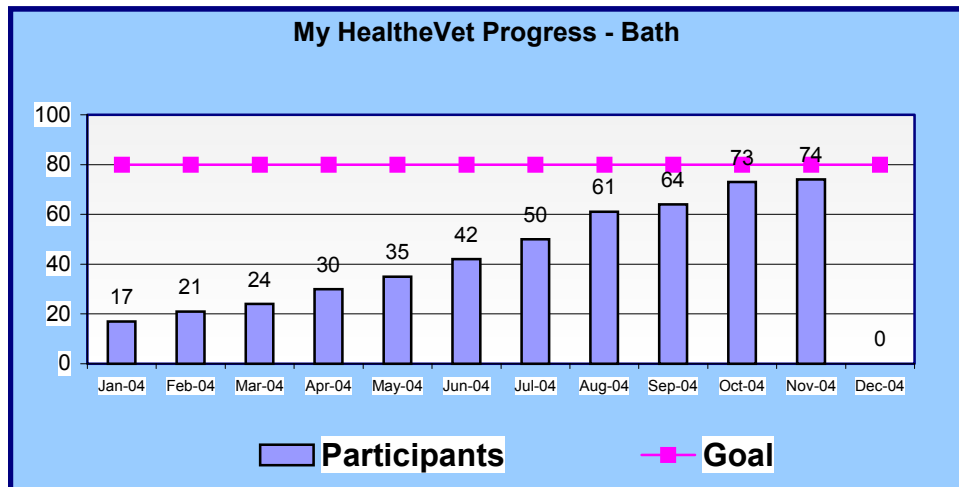
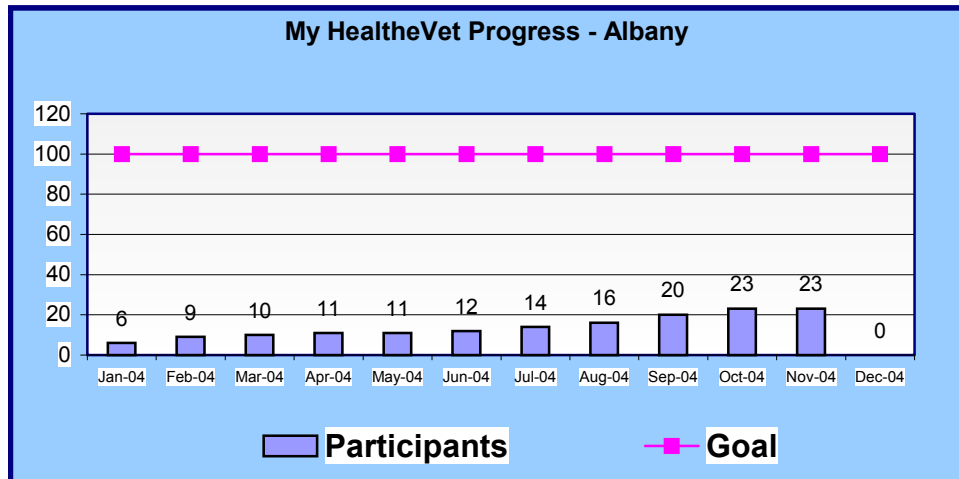
VISN 02 My HealtheVet Participants										Current as of: 11/02/04		
	Jan-04	Feb-04	Mar-04	Apr-04	May-04	Jun-04	Jul-04	Aug-04	Sep-04	Oct-04	Nov-04	Dec-04
Participants	89	99	108	131	141	155	167	182	191	211	212	0
Goal	500	500	500	500	500	500	500	500	500	500	500	500
Status	-411	-401	-392	-369	-359	-345	-333	-318	-309	-289	-288	NA

### Important Links:

My HealtheVet Pilot Website: <http://www.health-evet.va.gov>  
 My HealtheVet National Website: <http://www.myhealth.va.gov>  
 My HealtheVet Project Page: <http://vaww.va.gov/MyHealtheVet>

VISN 2 eHealth Website: <http://vaww.visn2.med.va.gov/ehealth/>  
 VISN 2 My HealtheVet Project Page: <http://vaww.visn2.med.va.gov/ehealth/mhev.html>  
 Veterans Wellness: <http://vaww.visn2.med.va.gov/vet/wellness/fall2004/mhev.html>

## My HealtheVet Pilot Participants by Site November 2004



- ❖ Patient feedback on the pilot has been universally positive ...

*"This has greatly improved my healthcare"  
"I feel more in control and aware of my choices"*

*"This will be a great thing for us, looking forward to being able to refill prescriptions"  
"The trainer was a big help and I was able to go home and use the program"*

*"I like being able to keep track of my lab values"*

*"I go home and update my 'record' after I see my doctor in clinic"*

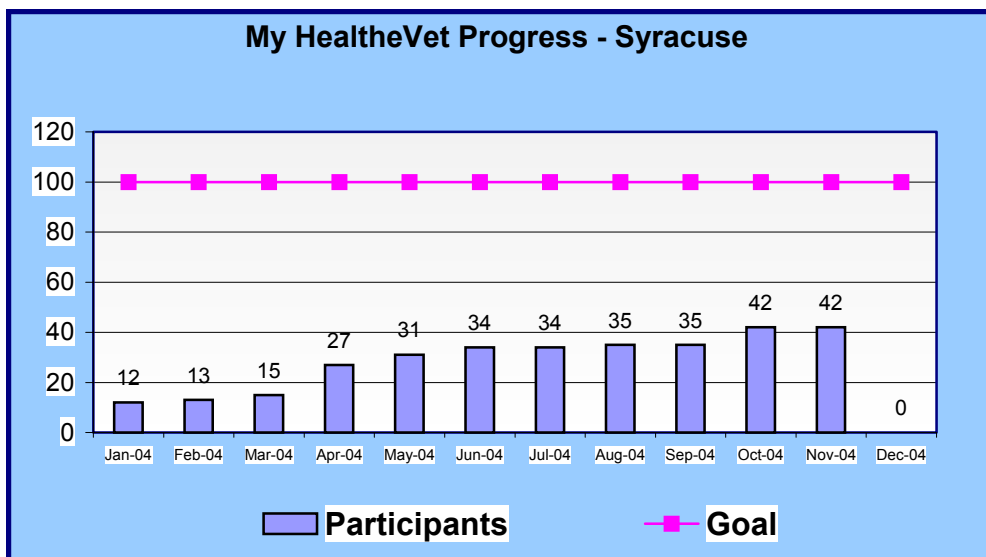
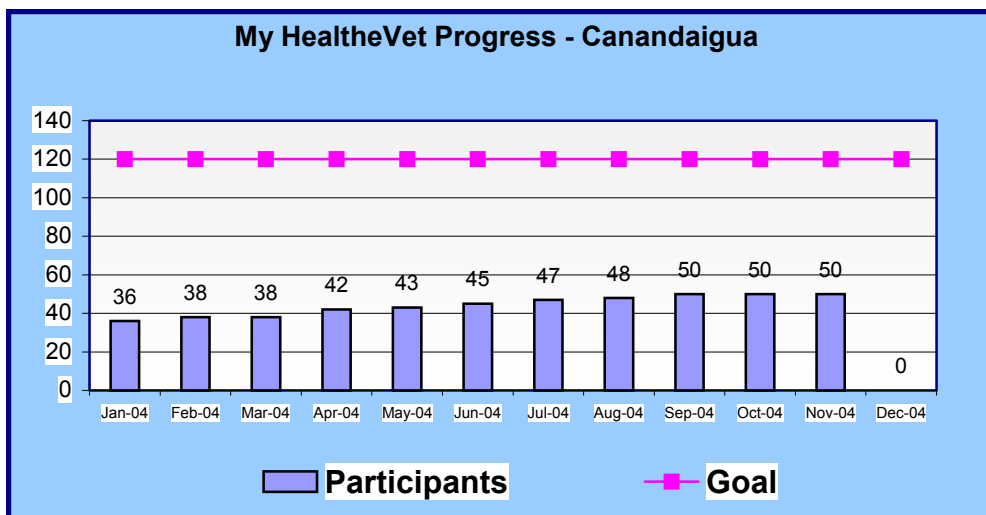
*"I've sent you some suggestions for the graphs in the self-entered metrics, hope you can pass these along"*

*"It's been great, I wish I had it years ago"*

*"Thank you for making this available"*

### Internet Access for Patients

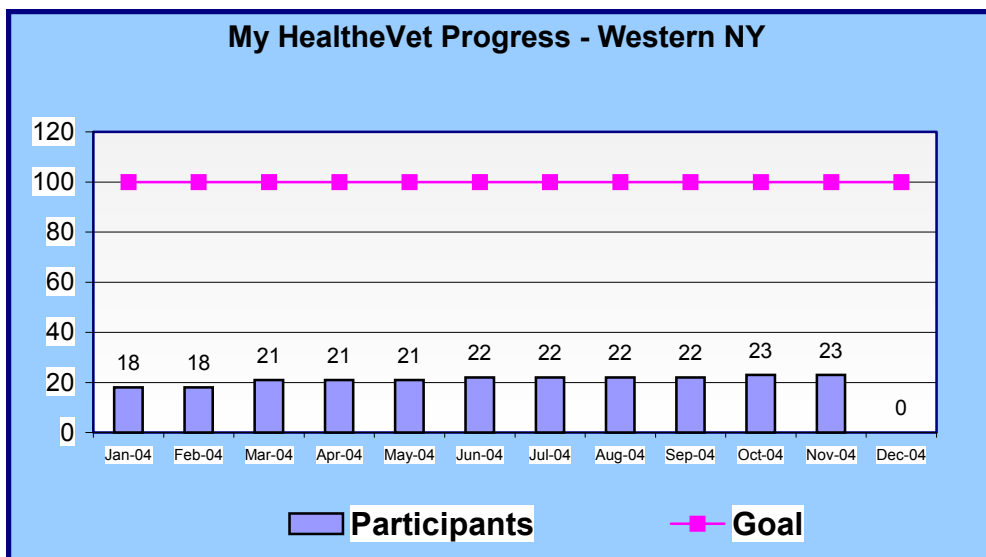
Efforts are well underway at each Medical Center to provide Internet Access locations for all patients to access My HealtheVet. These patient health information centers are Planetree-friendly and will allow even those patients who don't have internet access to use this tool and to access other patient health information resources.



❖ Phase II of the National My HealtheVet Initiative was released on Veterans Day 2004, introducing a new personal health record feature: the Health Journal.  
<http://www.myhealth.va.gov>

#### Health Journal

- ♦ *personal information* - contact information, emergency contacts, health care providers, and health insurance information
- ♦ *wallet ID card* is a printable card that is automatically filled out using the personal information you have entered. It also has open spaces for you to list allergies and medical conditions. It will print two per page.
- ♦ *military health history* - here is an opportunity to describe your military service, exposures you think you may have experienced, assignments, military occupational specialty, and branch of service
- ♦ *medications*, over-the-counter drugs, herbals and supplements - enter the name, starting date and ending date, prescription number, and dosage
- ♦ *medical events* - keep track of illnesses, accidents or other events by logging their date, treatment prescribed or comments regarding the event
- ♦ *tests* - keep track of your tests by test name, date of test, location test was performed, provider's name, results, and any comments
- ♦ *allergies* - keep track of your allergies by date, severity, reaction, diagnosis, and comments.



### How can I become involved?

- ♦ Register at the National My HealtheVet site and learn more about how this tool can be used to improve healthcare.
- ♦ Get the word out by telling patients (and other staff) about both the My HealtheVet Pilot and the National My HealtheVet portal.
- ♦ Join your local Medical Center team to expand and support these eHealth initiatives.
- ♦ If you're a clinician, talk with your patients about My HealtheVet and encourage them to participate in the VISN 2 pilot. Patients can visit their local Release of Information Office to submit a request to become a pilot participant.
- ♦ Bring your ideas, suggestions, and support to the Network eHealth Council.

❖ The Phase II release on Veterans Day 2004 also introduced self-entered metrics, a very powerful and popular feature of the VISN 2 pilot, through HealtheLogs.

### HealtheLogs

HealtheLogs provide the ability to track readings for:

- ♦ Blood sugar
- ♦ Blood pressure
- ♦ Cholesterol
- ♦ Heart rate
- ♦ Body temperature
- ♦ Body weight
- ♦ Pain

### ❖ Coming Soon:

Veterans will be able to refill VA prescriptions on-line, view co-pay balances and appointments. All personal data will be secure and private in the patient's own eVAult. And patients will be able to share their online information with anyone they designate. These features will be available between November 2004 and Spring 2005.

### ❖ On the Horizon:

Like in the pilot, patients will be able to access copies of their VA health information online. On the horizon are secure clinician/patient messaging, moderated discussions on the web and web-based training/education opportunities.